

WHAT'S ON The Menu

BY  **BWG** FOOD SERVICE

30TH DECEMBER 2019 - 9TH FEBRUARY 2020

Offers subject to availability (while stocks last)
Trade Only. E&OE



Breakfast Club

A new year brings with it plenty of new year's resolutions, so make sure your breakfast offering is packed with the fresh and healthy options your customers are after.













Bring smashed avocado to the table as a dairy-free butter alternative. It's delicious with poached eggs on toasted sourdough bread.



Time Out

Overnight oats are still as popular as ever! Try them with yoghurt, mixed berry compote and a little cinnamon for an extra flavour!

CODE	DESCRIPTION	SIZE	PK	PRICE
695418	NESTLÉ CORNFLAKES	7KG	1	€16.99
695417	NESTLÉ CRISP RICE	7KG	1	€21.49
695420	NESTLÉ BOWLS CEREAL 6PK	35G X 6	5	€8.65
695218	FLAHAVAN'S OATY FLAPJACKS DARK CHOCOLATE & ORANGE	40G	24	€9.60
695220	FLAHAVAN'S OATY FLAPJACKS LEMON & POPPYSEED	40G	24	€9.60
681887	FLAHAVAN'S MUESLI HIGH 8 TUB	4KG	1	€17.99
683722	ATHENRY IRISH OAT GRANOLA BAR FULLY LOADED	55G	20	€14.55
683723	ATHENRY IRISH OAT GRANOLA BAR GENTLE GINGER	55G	20	€14.55
692766	ORGANIC PRESS SOYA	1LT	8	€8.65
692767	ORGANIC PRESS ALMOND	1LT	8	€10.15
692765	ORGANIC PRESS OAT	1LT	8	€10.15
679833	ARDO AVOCADO HALVES	 1KG	1	€5.75
655090	FREE RANGE EGGS MEDIUM	 1DOZ	15	€20.99
679835	SOURDOUGH BLOOMER	 420G	16	€20.79
639651	ARDO STRAWBERRIES	 2.5KG	1	€6.69
639681	ARDO RASPBERRIES	 2.5KG	1	€7.59
622908	TIPPERARY NATURAL YOGURT	 5LT	1	€8.99
685818	IRISH YOGURTS NATURAL FAT FREE YOGURT	 500G	6	€3.55
685819	IRISH YOGURTS NATURAL GREEK STYLE YOGURT	 500G	6	€6.45
728336	IRISH YOGURT DIET ASSORTED	 125G	24	€10.79
728338	IRISH YOGURT ASSORTED	 125G	24	€10.79

LOOK WHAT'S NEW

SAVE 15%

SAVE 20%

SAVE 10%

SAVE 25%

SAVE 15%

SAVE 10%



Don't forget to recycle me once you're done!

LunchTIME

We have a range of salad items which work perfectly for lunch – especially when prepared in our eco-friendly compostable bowls!



IQFA
Highly
Commended



These scrumptious coconut and lentil falafel by Drover Foods were highly commended in the Irish Quality Food Awards 2019! They make for a quick and easy vegan option for any menu.

Falafel work well in a wrap, Buddha bowl or even on their own! Plus, pickled veggies make a refreshing addition to any of the above!



CODE	DESCRIPTION	SIZE	PK	PRICE
695492	HEINZ MAYONNAISE	10KG	1	€20.25
693346	BALLYMALOE FRENCH DRESSING	2.5LT	1	€18.15
693186	BULGAR WHEAT	1KG	1	€2.59
681095	QUINOA WHITE	1KG	1	€4.82
685222	SANTA MARIA PICKLING SPICE MIX	400G	1	€6.39
694986	HELLMAN'S MAYONNAISE VEGAN BUCKET	2.6LT	1	€9.40
636263	KNORR SOUP 100% CHICKEN & VEGETABLE	2.5LT	4	€22.49
628779	KNORR SOUP 100% LEEK & POTATO	2.5LT	4	€22.49
669235	KNORR SOUP 100% RED PEPPER	2.5LT	4	€22.49
673590	KNORR SOUP 100% THAI VEGETABLE	2.5LT	4	€22.49
692049	THE GOOD SNACK CO SMOKED ALMONDS	45G	18	€14.19
692050	THE GOOD SNACK CO MIXED CHILLI NUTS	45G	18	€13.35
692043	THE GOOD SNACK CO MIXED HONEY NUTS	45G	18	€13.35
642040	THE GOOD SNACK CO MIXED SALTED NUTS	45G	18	€12.99
692044	THE GOOD SNACK CO PROTEIN MIX	45G	18	€14.01
692870	SPICED CAULIFLOWER BITES	❄️ 1KG	1	€6.05
694242	COCONUT & LENTIL FALAFEL	❄️ 1KG	1	€6.05
692872	SUPERGREEN FALAFEL	❄️ 1KG	1	€5.89
692873	SWEET POTATO FALAFEL	❄️ 1KG	1	€5.65
693707	TRADITIONAL FALAFEL	❄️ 1KG	1	€5.75
683291	FETA CHEESE CUBED	🌀 800G	1	€10.09
687732	MOROCCAN COUS COUS	🌀 2KG	1	€7.69
687374	ASIAN INSPIRED GRAIN SALAD	🌀 1KG	1	€7.95
687370	FRUITY GRAIN SALAD	🌀 1KG	1	€6.25
687741	ASIAN NOODLE SALAD	🌀 2KG	1	€10.05
682293	CATERING MIX SALAD	🌀 500G	6	€10.99
682295	ROCKET	🌀 150G	6	€7.99
682297	SPINACH LEAVES	🌀 250G	6	€6.39
682316	PEPPERS MIX SLICED PREPPED	🌀 1KG	4	€17.09
682318	RED ONION SLICED PREPPED	🌀 1KG	3	€7.99
686207	SOL SEMI SUNDRIED TOMATOES	🌀 1.1KG	1	€9.45
679754	HOUMOUS JUST DIP	🌀 1KG	1	€7.15

LOOK WHAT'S NEW

CONTACT YOUR REP FOR FULL RANGE

SAVE 15%

IQFA HIGHLY COMMENDED



Healthy Essentials



Earth Conscious



SAVE 10%

SAVE 10%

CODE	DESCRIPTION	SIZE	PK	PRICE
688782	DOWN2EARTH NAPKIN SINGLE DISPOSABLE	500PK	12	€32.35
691681	DOWN2EARTH SOUP CONTAINER 16OZ	500PK	1	€39.95
687886	DOWN2EARTH FOOD CARTON NO.8	300PK	1	€59.80
682584	DOWN2EARTH HINGED CONTAINER 16OZ	6PK	50	€49.75
683607	DOWN2EARTH HINGED CONTAINER 24OZ	4PK	50	€47.35
683609	DOWN2EARTH HINGED CONTAINER 32OZ	4PK	50	€53.55
682757	DOWN2EARTH NOODLE BOX CONTAINER	400PK	1	€85.99
683735	DOWN2EARTH CONTAINER WITH WINDOW	300PK	1	€68.95
695362	DOWN2EARTH STIRRERS COMPOSTABLE 5.5"	1000PK	1	€2.08
695416	DOWN2EARTH STIRRERS COMPOSTABLE 7"	1000PK	1	€6.41
695367	DOWN2EARTH WOODEN FORK 6"	1000PK	1	€2.66
695365	DOWN2EARTH WOODEN KNIFE 6.5"	1000PK	2	€2.32
695369	DOWN2EARTH WOODEN SPOON 6"	1000PK	1	€3.16
695372	DOWN2EARTH WOODEN TEASPOON 4"	100PK	1	€1.92

Spotlight on the supplier

BWG Foodservice and Down2Earth Materials have worked together over the last several years to bring plant based compostable packaging to our customer base. Down2Earth Materials are Ireland's leading supplier of plant-based packaging. 2020 sees them celebrate their 10th birthday and they have won numerous awards in the industry for both their products and service.



Down2Earth Materials' award-winning team



"We proudly stand over all of our products, having the highest level of certification in the industry and working closely with the Composting Association of Ireland and other governing bodies."
 - John Lynch, Down2Earth Materials



LET'S Celebrate

2020 is the year of the rat! We don't normally associate rats with positivity (particularly in the food industry!) – but according to Chinese mythology, the rat represents the beginning of a new day!



CODE	DESCRIPTION	SIZE	PK	PRICE
684744	DIGGERS SPRING ROLL VEGETABLES	❄️ 60G	40	€24.49
684742	DIGGERS SPRING ROLL DUCK	❄️ 60G	40	€31.49
690077	FARMRANGE ROAST BONELESS DUCK 16'S	❄️ 565G	16	€90.49
685723	KIKKOMAN TERIYAKI GLAZE	957ML	1	€9.00
602464	SHARWOOD'S MEDIUM EGG NOODLES	3KG	1	€12.75
634586	UNCLE BEN'S BASMATI RICE	5KG	1	€13.85
654720	KNORR BLUE DRAGON BLACK BEAN SAUCE	2.2LT	1	€7.59
654723	KNORR BLUE DRAGON SWEET CHILLI DIPPING SAUCE	2.2LT	1	€7.49
654719	KNORR BLUE DRAGON SWEET & SOUR SAUCE	2.2LT	1	€7.49
686091	KERALA CHINESE 5 SPICE	440G	1	€12.00

SAVE 20%

SAVE 25%

SAVE 12%



OFFERS Corner

CODE	DESCRIPTION	SIZE	PK	PRICE
665391	NESCAFE AZERA AMERICANO	500G	1	€14.99
153288	LYONS ORIGINAL 1 CUP CATERING TEA BAGS	600'S	1	€14.49
153296	LYONS ORIGINAL 2 CUP CATERING TEA BAGS	500'S	1	€14.49
613461	CANDEREL RED GRANULAR STICKS	Stick 1000	1	€12.65
634131	BLENDERS TOMATO KETCHUP STICK	15ML	200	€9.09
634124	BLENDERS MALT VINEGAR STICK	10ML	240	€8.00
634126	BLENDERS ENGLISH MUSTARD STICK	8.5ML	240	€9.09
634127	BLENDERS BROWN SAUCE STICK	15ML	200	€9.09
634125	BLENDERS REAL MAYONNAISE STICK	15ML	200	€11.99
634123	BLENDERS TARTARE SAUCE STICK	15ML	200	€11.99

SAVE 50%

SAVE 25%

SAVE 20%

SAVE 20%



Telesales

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