

WHAT'S ON

The Menu















27TH DECEMBER 2021 - 7TH FEBRUARY 2022

Offers subject to availability (while stocks last)
Trade Only. E&OE

Meat-Free Magic

Whether it's a New Year's Resolution or a shot at Veganuary, Plant-It's vegan alternatives are the perfect offering for those going free-from to kick off the year. Plant-It is a new Irish brand that boasts a wide range of vegan products that have a meat-like texture and are both nutritional and delicious. Not only are their products an excellent source of protein, but as part of the company's Do Good mission they dedicate a portion of products to tree-planting initiatives with 15,000 trees planted in Ireland so far. Make sure your 2022 menu has meat-free alternatives – delicious Plant-It burgers, and a whole lot more...



CODE	DESCRIPTION		SIZE	PRICE
704144	PLANT-IT QUARTER POUNDER		113.5G X 24	€27.99
704145	PLANT-IT BREADED FILLETS		1KG X 5	€49.99
704146	PLANT-IT BREADED GOUJONS		1KG X 5	€49.99
704204	PLANT-IT FISH FREE GOUJONS		1KG X 5	€49.99
692004	EDEN BEETROOT & KALE BURGER 120G		20'S X 1	€16.95
692271	EDEN CURRIED CAULIFLOWER BURGER 120G		20'S X 1	€16.95
692005	EDEN VEGETABLE BURGER 120G		20'S X 1	€16.95
702106	VIOLIFE ORIGINAL CHEESE SLICES		200G X 12	€31.99
699921	COGHLANS VEGAN BRIOCHE BUN		72G X 48	€15.99
694986	HELLMAN'S MAYONNAISE VEGAN BUCKET		2.6LT X 1	€9.40
702537	HELLMAN'S MAYONNAISE VEGAN SACHET		10ML X 200	€13.99
703610	FOLLÁIN CARAMELIZED ONION MARMALADE		1.2KG X 1	€7.39
704002	FOLLÁIN IRISH TOMATO RELISH		3.2KG X 1	€12.19

SAVE 25%

Bagasse

200PK X 1
2 Compartment
Clamshell Container
9x6
692941

€46.95



Compostable

Bagasse

500PK X 1
Clamshell Food
Container 7x5
687400

€58.15



Compostable

Bagasse

50PK X 1
3 Compartment
Container 9"
703584

€15.29



Compostable

Bagasse

500PK X 1
Burger Box 6"
687449

€63.05



Compostable

The Perfect Start

Whether it's a quick fix to grab on the go, or a tasty plate to kick-start the day, make sure you're stocked with brilliant breakfast options. With a wide range of individually wrapped products and some great vegan options, your customers can get fuelled for the hours ahead — and when there's a chill in the air, reach for hot dishes that are certain to satisfy!



CODE	DESCRIPTION		SIZE	PRICE
728338	IRISH YOGURT ASSORTED	❄️	125G X 24	€11.99
728336	IRISH YOGURT DIET ASSORTED	❄️	125G X 24	€11.99
622908	TIPPERARY YOGURT NATURAL	❄️	5LT X 1	€11.99
692065	BLUEBERRY VEGAN CROISSANT	❄️ 🌱	100G X 48	€19.99
696552	PLAIN VEGAN CROISSANT	❄️ 🌱	60G X 56	€17.99
697112	WHITE SOURDOUGH BLOOMER	❄️	410G X 16	€23.45
655090	FREE RANGE EGGS MEDIUM	❄️	15 DOZEN	€26.99
679833	ARDO AVOCADO HALVES	❄️	1KG X 1	€5.99
618988	ARDO SPINACH LEAF PORTION	❄️	2.5KG X 4	€11.99
683337	ARDO GREEN SMOOTHIE MIX	❄️	750G X 10	€31.99
703221	PANDA PEANUT BUTTER SMOOTH		1KG X 1	€5.19

CODE	DESCRIPTION		SIZE	PRICE
681917	FLAHAVAN PORRIDGE INSTANT OATS		50G X 12	€10.99
681918	FLAHAVAN PORRIDGE POT		50G X 12	€10.99
636984	KELLOGG'S CORNFLAKES PORTION PACK	FR	24G X 40	€10.30
636976	KELLOGG'S FRUIT N FIBRE PORTION PACK	FR	40G X 40	€10.30
686119	KELLOGG'S BAR NUTRI-GRAIN APPLE	FR	37G X 25	€16.79
686120	KELLOGG'S BAR NUTRI-GRAIN STRAWBERRY	FR	37G X 25	€16.79
701607	KELLOGG'S BAR CRUNCHY NUT HAZELNUT		45G X 12	€11.79
701608	KELLOGG'S BAR CRUNCHY NUT ALMOND		45G X 12	€11.79
682706	FLAHAVAN FLAPJACKS CHOCOLATE CHIP	FR	40G X 24	€9.95
688173	FLAHAVAN FLAPJACK CRANBERRY	FR	40G X 24	€9.95

SAVE 20%

SAVE 21%



Exclusive Own Brand Range

Chef's Kitchen and Gourmet Kitchen are our exclusive own-brand range of high quality products. Every item is carefully selected by our specialist Buyers, and then put to the test in our very own commercial kitchen. It's helping chefs and managers across Ireland to lower their overheads without compromising on quality — so discover it for yourself today!

CODE	DESCRIPTION	SIZE	PRICE
697735	GOURMET KITCHEN SOUTHERN FRIED CHICKEN GOUJONS ❄️	2.5KG X 1	€13.49
631987	GOURMET KITCHEN BREADED CHICKEN NUGGETS ❄️	1KG X 6	€24.99
691125	GOURMET KITCHEN CHICKEN FILLETS 170G-200G ❄️	25PK X 2	€46.99
692292	GOURMET KITCHEN FRIES 14 X 14 ❄️	2.5KG X 4	€8.99
694855	GOURMET KITCHEN STEAK CUT FRIES ❄️	2.5KG X 4	€8.99
647172	CHEF'S KITCHEN CATERING SPREAD ❄️	2KG X 1	€2.99
810068	CHEF'S KITCHEN RED CHEDDAR BLOCK ❄️	2KG X 1	€12.85
810069	CHEF'S KITCHEN WHITE CHEDDAR BLOCK ❄️	2KG X 1	€12.55
674643	CHEF'S KITCHEN WHITE CHEDDAR SLICED ❄️	1KG X 1	€7.69
638580	CHEF'S KITCHEN RED CHEDDAR SLICED ❄️	1KG X 1	€7.69
666056	CHEF'S KITCHEN CHOCOLATE FUDGE CAKE 14PT ❄️	1500G X 1	€9.99



CODE	DESCRIPTION	SIZE	PRICE
304915	CHEF'S KITCHEN PLAIN FLOUR	12.5KG X 1	€10.99
620179	CHEF'S KITCHEN TEABAG 1 CUP	600S X 1	€9.49
810072	CHEF'S KITCHEN EASY COOK RICE	5KG X 1	€6.99
810029	CHEF'S KITCHEN CURRY SAUCE	15LT X 1	€27.99
663396	CHEF'S KITCHEN SALT	6KG X 1	€3.99
643767	CHEF'S KITCHEN TOMATO KETCHUP	4.5KG X 2	€9.99
610253	CHEF'S KITCHEN VINEGAR	5LT X 2	€6.49
642607	CHEF'S KITCHEN SLICED BEETROOT	2.3KG X 2	€7.99
663036	CHEF'S KITCHEN HONEY BUCKET	3.7KG X 1	€15.99
663025	CHEF'S KITCHEN MARMALADE PORTION	20G X 96	€5.79
663023	CHEF'S KITCHEN STRAWBERRY JAM PORTION FR	20G X 96	€5.99



CODE	DESCRIPTION	SIZE	PRICE
647180	CHEF'S KITCHEN LARGE POWDER FREE GLOVES FR	100PK X 1	€4.85
673149	CHEF'S KITCHEN BLUE CENTREFEED	100M X 6	€9.49





Chinese New Year

The Chinese New Year falls on Tuesday the 1st of February, beginning a year of the Tiger. In Chinese culture the Tiger is a symbol of strength and braveness. From prawn curries to crispy duck, why not welcome the Year of the Tiger in style with some special Chinese New Year dishes? Perfect for preparing in bulk, you can lay on a delicious feast come February 1st and celebrate this unique holiday in sumptuous fashion.



CODE	DESCRIPTION	SIZE	PRICE
690077	FARM RANGE ROAST BONELESS DUCK 16'S	600G-700G X 16	€99.99
690584	VANNAMEI PRAWNS PEELED & DEVEINED 16/20	1KG X 10	€89.99
691758	CRISPY SHREDDED FISH	1KG X 5	€39.99
681586	DIGGERS SHREDDED CRISPY CHICKEN STRIPS	1KG X 5	€41.25
687571	DIGGERS SALTED CHILLI CRISPY CHICKEN STRIPS	1KG X 5	€40.65
677660	BECKERS VEGETABLE SPRING ROLL	100G X 28	€13.99
700676	CHICKEN FILLETS HALAL 300+	4.5KG X 2	€43.39
659579	KNORR MEDIUM CURRY SAUCE RTU	2.2LT X 1	€7.59
654719	KNORR SWEET & SOUR SAUCE RTU	2.2LT X 1	€7.59
694988	KNORR BLUE DRAGON PAD THAI SAUCE RTU	2.2LT X 1	€6.39
652461	BLENDERS CURRY SAUCE 15LTR	3.75KG X 1	€27.69
508002	KIKKOMAN SOY SAUCE	1LT X 1	€3.85
634562	UNCLE BEN'S WHOLEGRAIN RICE	5KG X 1	€15.65
634565	UNCLE BEN'S LONG GRAIN RICE	5KG X 1	€12.29
662718	LUCKY BOAT NOODLES NO1	9KG X 1	€23.79
662717	LUCKY BOAT NOODLES NO2	7.7KG X 1	€24.59
642046	BOX NOODLE 26OZ	50PK x 1	€9.05
642048	BOX NOODLE 16OZ	50PK x 1	€6.19

SAVE 25%



CODE	DESCRIPTION	SIZE	PRICE
659895	CHEFS KITCHEN FOIL CONTAINERS WITH LIDS 4" X 5"	25PK X 1	€1.95
659894	CHEFS KITCHEN FOIL CONTAINERS WITH LIDS 4" X 8"	25PK X 1	€2.65
659893	CHEFS KITCHEN FOIL CONTAINERS WITH LIDS 9" X 9"	10PK X 1	€3.65
702556	CLEAR PORTION POT PP 2OZ	100PK X 1	€1.59
702558	CLEAR PORTION POT PP 4OZ	100PK X 1	€2.55
666570	KRAFT PAPER TRAY 1/2LB	250PK X 1	€9.65
666571	KRAFT PAPER TRAY 1LB	250PK X 1	€12.99



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