

# WHAT'S ON THE menu

Introducing  
our new look  
brochure with  
lots more  
value!

## ACAI BERRY BOWL

CODE	DESCRIPTION	SIZE	PRICE
701180	Sambazon Acai Pulp Sorbet	❄ 3.6LT x 1	€22.55
667103	The Foods of Athenry Strawberry & Vanilla Granola	2.5KG x 1	€21.85
645593	Blueberries Frozen	❄ 2.5KG x 1	€13.99
693692	Strawberries Frozen	❄ 2.5KG x 1	€7.55
Various	Bananas	12.7kg x 1	on request

Only  
**€1.27**  
PER SERVING

**70%**  
GROSS  
PROFIT

Recommended selling price: **€8.99**

Speak to  
your local Rep  
for details on  
our fresh fruit  
range



# BREAKFAST

## Bites

Expand your breakfast offering with a healthy breakfast bowl or yogurt pot to provide fuel for the hours ahead! Don't forget to include a dietary alternative with a gluten and wheat free porridge option.

CODE	DESCRIPTION		SIZE	PRICE
703449	BUTTER CROISSANT	❄	70G x 60	€16.95
677015	PAIN AU CHOCOLAT	❄	80G x 60	€31.09

CODE	DESCRIPTION		SIZE	PRICE
622908	TIPPERARY NATURAL YOGURT	❄	5LT x 1	€10.99
662448	TIPPERARY GREEK STYLE YOGURT	❄	2KG x 1	€5.99
706189	CHEF'S KITCHEN BLACKBERRY & APPLE COMPOTE		1.3KG x 1	€8.29
697063	RASPBERRIES FROZEN	❄	2.5KG x 4	€84.99
696061	MIXED FRUIT FROZEN	❄	2.5KG x 4	€38.99
439125	GEM FLAKED ALMONDS		1KG x 1	€9.89
647394	BOYNE VALLEY PURE NATURAL HONEY		3.3KG x 1	€22.49

CODE	DESCRIPTION		SIZE	PRICE
683520	THE FOODS OF ATHENRY IRISH OAT PORRIDGE SACHETS		45G x 48	€37.75
667095	THE FOODS OF ATHENRY GLUTEN & WHEAT FREE PORRIDGE		2.5KG x 1	€14.69
689620	KELLOGGS CATERING SPECIAL K		500G x 4	€11.89
642937	KELLOGGS CATERING BRAN FLAKES		500G x 4	€9.99
642939	KELLOGGS CATERING CORNFLAKES		500G x 8	€17.39
642948	KELLOGGS CATERING RICE KRISPIES		400G x 4	€10.95




# COFFEE Time

Only  
**89<sup>c</sup>**  
PER SERVING





**80%**  
GROSS  
PROFIT

## INGREDIENTS

<b>700817</b>	Blend 23 Espresso Coffee Beans <b>1kg x 1</b>		<b>€14.85</b>
<b>712817</b>	Alpro Oat Milk Professional <b>1lt x 12</b>		<b>€31.99</b>
<b>702795</b>	Davinci Gourmet Sugar Free Hazelnut Syrup <b>1lt x 1</b>		<b>€4.99</b>

Recommended selling price: **€4.50**

CODE	DESCRIPTION	SIZE	PRICE
703499	LAVAZZA CREMA AROMA COFFEE BEANS	1KG x 1	€16.89
702796	DAVINCI GOURMET SUGAR FREE CARAMEL SYRUP	1LT x 1	€4.99
702797	DAVINCI GOURMET SUGAR FREE VANILLA SYRUP	1LT x 1	€4.99

CODE	DESCRIPTION		SIZE	PRICE
712603	OATIER BARISTA OAT MILK		1LT x 6	€12.09
698056	ALPRO VANILLA FLAVOURED SOYA MILK PROFESSIONAL		1LT x 8	€25.99
690951	ALPRO ALMOND MILK PROFESSIONAL		1LT x 12	€33.99
687092	ALPRO COCONUT MILK PROFESSIONAL		1LT x 12	€42.99

CODE	DESCRIPTION	SIZE	PRICE
554238	GEM WHITE SUGAR STICKS 4G	600pk x 1	€9.75
554246	GEM BROWN SUGAR STICKS 4G	600pk x 1	€11.25



# PLANT-BASED *Burger*

Embrace Veganuary with a mouth-watering plant-based southern fried burger. Offer your customers a delicious plant-based menu that won't compromise on flavour or nutritional values.

CODE	DESCRIPTION		SIZE	PRICE
712764	PLANT IT SOUTHERN FRIED FILLETS	 	1KG x 5	€47.99
699921	COGHLAN'S BRIOCHE VEGAN BURGER BUN	 	72G x 48	€19.49
713484	VEGAN CHEDDAR FLAVOURED SLICES	 	180G x 11	€26.99
704102	FOLLAIN IRISH TOMATO RELISH		3.2KG x 1	€13.49
714587	HELLMANN'S VEGAN MAYONNAISE		2LT x 1	€10.99
712954	HELLMANN'S VEGAN MAYONNAISE		5LT x 1	€19.99
VARIOUS	ICEBERG LETTUCE HEAD		1 UNIT	
VARIOUS	RED ONIONS		10KG X 1	

Speak to  
your local Rep  
for details on  
our fresh salad  
range



# Moroccan

## BEEF TAGINE

### INGREDIENTS:

15 servings (fits a 1/1 Gastronorm tray)

1.6kg beef steak, diced  
55g (2 ½tbsp) flour  
100g vegetable oil  
750g beef stock  
3 onion, diced  
25g ground cinnamon  
12g ground cumin  
1/2 tbsp ground ginger  
1/2 tbsp sea salt  
1 tsp chilli flakes  
4 dry bay leaves  
1kg butternut squash, diced  
1kg sweet potatoes, peeled and diced  
4 peppers, diced  
180g raisins

Speak to  
your local Rep  
for details on  
our fresh veg  
range

### METHOD:

1. Coat the diced beef with flour. Heat 1 tbsp of the oil in a large saucepan on a medium-high heat. Add half of the beef and cook for 5 minutes, or until browned on all sides. Remove from pan and repeat with the remaining beef and oil. Remove the beef from the pan and set aside.
2. Stir the stock, onion, Cinnamon, Cumin, Ginger, Sea Salt, Crushed Chillies and Bay Leaves into the pan. Bring to a simmer, stirring to release the brown bits in the bottom of the pan.
3. Return the beef to the pan, add the vegetables, mix well and bring back to a simmer. Reduce the heat to low, cover and simmer for 30 minutes or until vegetables are tender. Stir in the raisins and serve with couscous.

DELIVERING  
HERBS LIKE  
NO OTHER

THOSE IN THE  
KNOW, LOOK FOR  
SCHWARTZ.



*2 in 3 chefs look  
for Schwartz when  
selecting herbs, spices  
and seasonings\**

CODE	DESCRIPTION		SIZE	PRICE
654899	WILLIAM'S GATE DICED BEEF 98VL AP2.5KG	🌿	Per KG	€9.99
712927	WILLIAM'S GATE DICED BEEF HALAL AP2.5KG	🌿	Per KG	€10.99
711745	HERSAN CHOPPED TOMATOES		5kg x 1	€5.95
620678	SCHWARTZ GROUND CINNAMON		390g x 1	€8.39
623100	SCHWARTZ GROUND GINGER		310g x 1	€7.35
619277	SCHWARTZ GROUND CUMIN		400g x 1	€8.05
602413	GEM COUS COUS		3KG x 1	€8.59



# PLANT-BASED *Ice Cream*

Update your menu with our quality IQFA award-winning plant-based ice creams from Dae at fantastic value. The Chocolate Ganache flavour made with 64.5% Belgian chocolate chips and Belgian cocoa powder, or the Vanilla Irish Sea Salt created using Papua New Guinea vanilla beans, cured vanilla sugar and salted with Ireland's best, Achill Island sea salt.

CODE	DESCRIPTION		SIZE	PRICE
712125	CHOCOLATE GANACHE PLANT BASED ICE CREAM		4LT x 1	€19.89
712124	VANILLA & IRISH SEA SALT PLANT BASED ICE CREAM		4LT x 1	€19.89



## SUPPLIER SPOTLIGHT

### Dae Plant Based Artisanal Ice Cream

Founded in April 2021 by chef Conor Sweeney, Dae specialises in premium plant-based ice cream. Sourcing ethical ingredients from farms across the world from Papua New Guinea vanilla to Achill Island sea salt, and with fully recyclable or compostable packing, they take a huge amount of pride in operating a zero waste kitchen. Delicious plant based ice cream for everyone.












**PLANT BASED ICE CREAM**





# TAKEAWAY Packaging


A wide selection of takeaway packaging is a must-have to ensure your delicious food and drink is perfectly packaged for customers on-the-go. From burger boxes to coffee cups and containers, we've got you covered with our range of essentials.

CODE	DESCRIPTION		SIZE	PRICE
703718	12OZ CUP DOUBLE WALL PLASTIC FREE	 	25PK x 1	€2.39
703935	90MM HOT CUP LID PLASTIC FREE	 	50PK x 1	€3.05
710897	2 CUP PULP CARRIER	 	480PK x 1	€33.25
711130	HOT DRINK BAMBOO STIRRERS 5.5 INCH(140MM)	 	1000PK x 1	€2.59

CODE	DESCRIPTION		SIZE	PRICE
699529	34OZ TWO COMPARTMENT MICROWAVABLE CONTAINER		40PK x 1	€7.25
701616	34OZ LID FOR TWO COMPARTMENT MICROWAVABLE CONTAINER		20PK x 1	€2.89
701656	CLAMSHELL CORRUGATED BURGER BOX		50PK x 1	€5.55

CODE	DESCRIPTION		SIZE	PRICE
702305	12OZ CLEAR DELI POT ROUND PLA 9MM		1000PK x 1	€150.29
682547	76MM FLAT LID FOR DELI POT 12OZ		1000PK x 1	€51.49

CODE	DESCRIPTION		SIZE	PRICE
670042	ICE CREAM CHILL CUP 4OZ		50PK x 1	€1.69
701620	WOODEN ICE CREAM SPADE 95MM		100PK x 1	€1.55

CODE	DESCRIPTION		SIZE	PRICE
696539	TORK LUNCH NAPKIN 2PLY 8FOLD NATURAL ENVELOPE		200PK x 10	€58.15

 = RECYCLABLE     = COMPOSTABLE



**Telesales**  
Nationwide 021 454 8700



**Online**  
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# HYGIENE Essentials

Secure a safe  
and hygienic  
experience with  
no compromise  
on cost or  
sustainability.

## Tork PeakServe

The highest capacity  
on the market thanks  
to towels that are  
compressed by

**50%**

The Tork PeakServe® Continuous™ Hand Towel System allows you to serve 600 more customers between refills and:



Promote hygiene



Free up staff time  
for actual cleaning



Speed up washroom flow



Save on storage space  
and reduce transport  
environmental impact

## Tork SmartOne

Up to

**40%**

usage reduction  
means fewer refills  
and less maintenance

### Key benefits



Quick breakdown and  
reduced consumption  
minimises the risk of  
expensive blockages



Fully enclosed system for  
maximum hygiene, only touch  
what you take



Smart Core technology - the  
most convenient way to  
remove a core saving time  
and waste



Refills accredited with  
EU Eco Label



Refills supplied in Carrypack  
packaging for easy handling  
and disposal

### Tork SmartOne®



T8



T9

## Tork Clarity Foam Soap

**54%**

of global consumers  
have now increased their  
demands on companies'  
sustainability efforts

**99%**

of ingredients from  
natural origin

**Lower impact**  
on aquatic life

Formula is readily  
**biodegradable**

**35%**

lower water consumption

CODE	DESCRIPTION	SIZE	PRICE
690534	TORK PEAKSERVE CONTINUOUS HANDTOWEL	410PK x 12	€69.49

CODE	DESCRIPTION	SIZE	PRICE
665322	TORK SMARTONE TOILET ROLL MINI	12PK x 1	€42.79

CODE	DESCRIPTION	SIZE	PRICE
712418	TORK CLARITY FOAMSOAP	1LT x 1	€9.89



Dispensers are available with purchase of Tork products while stocks last. Contact your local Sales Rep for details.  
All above information is available on [www.tork.ie](http://www.tork.ie) and provided by the supplier.